

# Cairns Spiritual Centre Inc. Philosophy and Objects

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## *Philosophy*

The Cairns Spiritual Centre Inc. is a voluntary, non-denominational; not-for-profit association dedicated to the spiritual, mental, emotional and physical wellbeing of people from all walks of life.

## *Objects*

We aim to assist and support the provision of spiritual, physical and emotional wellbeing by providing:

- a place where voluntary readers and practitioners can practice
- development opportunities for readers and practitioners
- a place to meet like-minded spiritual people
- a safe and friendly place in which to explore one's spiritual journey
- support to each person to assist them to discover their spiritual pathway
- mentoring to those who want to explore spirituality and associated modalities.
- spiritual awareness through discussion and knowledge sharing
- opportunities for meditation